

Robin Hood PE Curriculum Overview

eyfs

X2 LESSONS PER WEEK

Year 1

X2 LESSONS PER WEEK

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - Fundamental Movement Skills - Agility Balance & Coordination Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work
Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - Striking Activities - Bat & Ball Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work



Robin Hood

PE Curriculum Overview



Year 2

X2 LESSONS PER WEEK

Year 3

X2 LESSONS PER WEEK

	AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Year 2	Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Striking Activities - Bat & Ball Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!
Year 3	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Static Balance - Floor Work & Agility - Response/Reaction SWIMMING AUTUMN TERM	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns Static Balance - One Leg Standing SWIMMING AUTUMN TERM	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Coordination - Ball Skills	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work



Robin Hood PE Curriculum Overview



Year 4
X2 LESSONS PER WEEK

Year 5
X2 LESSONS PER WEEK

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Static Balance - Floor Work & Agility - Response/Reaction X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns Static Balance - One Leg Stand X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Coordination - Ball Skills SWIMMING SPRING TERM X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated SWIMMING SPRING TERM X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 4 - Applying Physical Skills (Hands) Dynamic Balance & Agility - Links to Gym & Dance X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 6 - Personal Skills (Heart) Agility & Strength & Flexibility - Links to Target Games X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 1 - Cognitive Skills (Head) Coordination & Agility - Links to Bench ball, Tennis & Netball X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 3 - Social Skills (Heart) Dynamic & Counter Balance - Links to Tag Rugby, OAA & Team Games X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 2 - Creative Skills (Hands) Static Balance - Links to Bench ball X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 5 - Health & Fitness (Heart) Coordination & Static Balance - Links to Net & Wall Games X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!



Robin Hood PE Curriculum Overview



AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 4 - Applying Physical Skills (Hands) Dynamic Balance & Agility - Links to Gym & Dance X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 6 - Personal Skills (Heart) Agility & Strength & Flexibility - Links to Target Games X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 1 - Cognitive Skills (Head) Coordination & Agility - Links to Bench ball, Tennis & Netball X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 3 - Social Skills (Heart) Dynamic & Counter Balance - Links to Tag Rugby, OAA & Team Games X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 2 - Creative Skills (Hands) Static Balance - Links to Bench ball SWIMMING SUMMER TERM X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 5 - Health & Fitness (Heart) Coordination & Static Balance - Links to Net & Wall Games SWIMMING SUMMER TERM X1 HOUR OF ROBIN HOOD MILE COMPLETED THROUGHOUT THE WEEK!!

Year 6

X2 LESSONS PER WEEK

Robin Hood

PE Curriculum Overview Coverage

	AUTUMN TERM 1	AUTUMN TERM 2	SPRING TERM 1	SPRING TERM 2	SUMMER TERM 1	SUMMER TERM 2
EYFS	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports Day
YEAR 1	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day
YEAR 2	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Cricket Roadshow	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day
YEAR 3	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals Swimming	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games City Competitions/Festivals Kurling Roadshow Swimming	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day City Competitions/Festivals
YEAR 4	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival City Competitions/Festivals Swimming	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Tennis Curriculum Lessons City Competitions/Festivals Swimming	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's U10 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day U10 Football Comp City Competitions/Festivals
YEAR 5	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally Me vs Me Challenge City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Ambassador Games Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp U11 Girls Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp U11 Girls Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day Ambassador Programme Basketball Rally City Competitions/Festivals
YEAR 6	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Girls Football Comp U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Girls Football Comp Swimming City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day Ambassador Programme Basketball Rally Swimming City Competitions/Festivals Yr 6 Activity Day Bikeability