



Robin Hood Primary School

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RSE Curriculum at Robin Hood

Dear Parents/carers

We send this letter out annually as a reminder for existing parents and overview for new parents in our school community. This half term (Summer 2) your child will be involved in RSE lessons (Relationships and Sex Education). You can access our policy [here](#).

In Primary schools, children are taught RSHE (Relationships & Health Education) throughout the year within their PSHE learning. At this point in the year we cover the RSE element in school which is now a compulsory part of the curriculum. At Robin Hood we use an RSE nationally approved scheme (The [Christopher Winter Project](#) scheme of work)

Attached is an overview of the content and word banks that will be taught in all years groups. This is to support you knowing what vocabulary we use in school with your child.

If you have any questions please do not hesitate to contact me or your child's class teacher.

We will also take this opportunity to share with you the theme for this year's Nottingham City RSE Day taking place on Thursday 30th June (our KS2 Sports Day). This year's RSE Day theme is 'Celebrating Differences - Everyone Can Sparkle' This year the theme is:

'Celebrating Differences - Everyone Can Sparkle'

We have done lots this year around diversity and respecting the differences of those around us. There will be some work which your child completes throughout the week and on RSE day for those in KS1 / EYFS around "celebrating differences". If your child is in EYFS or KS1 (Years 1 and 2) and they would like to dress in anything 'sparkly' on this RSE day (Thursday 30th June) they are very welcome to!

Thanks for your cooperation in advance. Bev Streets (PSHE Lead)



AIMING HIGH TO EXCEL & EXCEED

RSE Overview at Robin Hood Primary School



Reception Our Lives

Lesson 1: **Our Day**
Lesson 2: **Keeping Ourselves Clean**
Lesson 3: **Families**

Year 1 Growing and Caring For Ourselves

Lesson 1: **Keeping Clean**
Lesson 2: **Growing and Changing**
Lesson 3: **Families and Care**

Year 2 Differences

Lesson 1: **Differences: Boys and Girls**
Lesson 2: **Differences: Male and Female**
Lesson 3: **Naming the Body Parts**

Year 3 Valuing Difference and Keeping Safe

Lesson 1: **Differences: Male and Female**
Lesson 2: **Personal Space**
Lesson 3: **Family Differences**

Year 4 Growing Up

Lesson 1: **Growing and Changing**
Lesson 2: **What is Puberty?**
Lesson 3: **Puberty Changes and Reproduction**

Year 5 Puberty

Lesson 1: **Talking about Puberty**
Lesson 2: **Male and Female Changes**
Lesson 3: **Puberty and Hygiene**

Year 6 Puberty, Relationships and Reproduction

Lesson 1: **Puberty and Reproduction**
Lesson 2: **Understanding Relationships**
Lesson 3: **Conception and Pregnancy**
Lesson 4: **Communication in Relationships**

Language which will be used as part of the RSE curriculum:

Year 1: clean, similar, different, family, boy, girl, female, male, private parts, penis, vagina

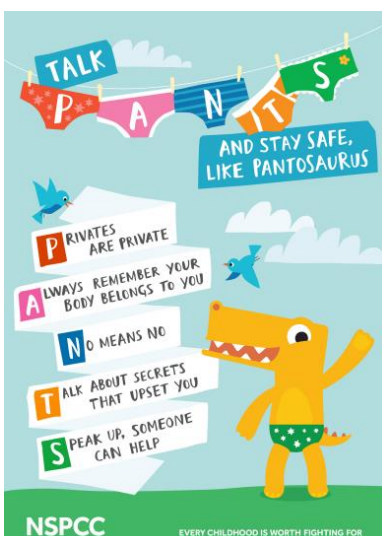
Year 2: similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina

Year 3: similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina, testicles, womb, family, fostering, adoption, relationship

Year 4: puberty, life cycle, reproduction, breasts, sperm, egg, pubic hair, emotional, feelings

Year 5: puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings

Year 6: womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal, private, information, internet safety



A parent's right to withdraw a child refers only to the Sex Education element of RSHE.

We will explain what arrangements will be made for the pupil who is withdrawn. It is a good for you to talk to us if you are unsure about the RSE curriculum and we can discuss your concerns.