

Robin Hood

PE Curriculum Overview

eyfs

X2 SESSIONS PER

Year 1

X2 SESSIONS PER

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - Fundamental Movement Skills - Agility Balance & Coordination Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work
Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - Striking Activities - Bat & Ball Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work

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PE Curriculum Overview

Year 2
X2 SESSIONS PER WEEK

Year 3
X2 SESSIONS PER WEEK

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Throwing and Catching Skills - Non Sport Specific Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Coordination with Equipment & Agility - Response/Reaction	Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns	Lesson 1 - Dance - Agility, Balance & Coordination - Working on basic movement patterns. Lesson 1 - Gymnastics - Strength and Flexibility Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Static Balance - Small Base	Lesson 1 - Team Games - Tactics and Strategies Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - Striking Activities - Bat & Ball Skills Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Static Balance - Floor Work & Agility - Response/Reaction SWIMMING AUTUMN TERM	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns Static Balance - One Leg Standing SWIMMING AUTUMN TERM	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Coordination - Ball Skills	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work

Robin Hood PE Curriculum Overview

Year 4

X2 SESSIONS PER WEEK

Year 5

X2 SESSIONS PER WEEK

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Tennis Lesson 2 - Real PE - UNIT 5 - Applying Physical Skills (Hands) Static Balance - Floor Work & Agility - Response/Reaction	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 1 - Personal Skills (Heart) Coordination - Floor Movement Patterns Static Balance - One Leg Stand	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 3 - Cognitive Skills (Head) Dynamic Balance Coordination - Ball Skills SWIMMING SPRING TERM	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 2 - Social Skills (Heart) Dynamic Balance to Agility Static Balance - Seated SWIMMING SPRING TERM	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 4 - Creative Skills (Hands) Counter Balance - Pairs Coordination - Ball Skills	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 6 - Health & Fitness (Heart) Agility - Ball Chasing Static Balance - Floor Work
Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Cricket/Table Tennis Lesson 2 - Real PE - UNIT 4 - Applying Physical Skills (Hands) Dynamic Balance & Agility - Links to Gym & Dance	Lesson 1 - Gymnastics - Strength and Flexibility, Technique, Control & Balance Lesson 2 - Real PE - UNIT 6 - Personal Skills (Heart) Agility & Strength & Flexibility - Links to Target Games	Lesson 1 - Dance - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - Real PE - UNIT 1 - Cognitive Skills (Head) Coordination & Agility - Links to Bench ball, Tennis & Netball	Lesson 1 - Competitive Modified Games - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - Real PE UNIT 3 - Social Skills (Heart) Dynamic & Counter Balance - Links to Tag Rugby, OAA & Team Games	Lesson 1 - OAA - Individual & Team Challenges Lesson 2 - Real PE - UNIT 2 - Creative Skills (Hands) Static Balance - Links to Bench ball	Lesson 1 - Athletics - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - Real PE - UNIT 5 - Health & Fitness (Heart) Coordination & Static Balance - Links to Net & Wall Games



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Year 6

X2 SESSIONS PER WEEK

AUTUMN TERM 1 RESILIENCE	AUTUMN TERM 2 REFLECT	SPRING TERM 1 PROUD/RESPECT	SPRING TERM 2 CHALLENGE	SUMMER TERM 1 COLLABORATE	SUMMER TERM 2 KNOWLEDGE
Lesson 1 - <u>Competitive Modified Games</u> - Applying Basic Attacking and Defending Principles - Cricket/Table Tennis Lesson 2 - <u>Real PE - UNIT 4</u> - Applying Physical Skills (Hands) Dynamic Balance & Agility - Links to Gym & Dance	Lesson 1 - <u>Gymnastics</u> - Strength and Flexibility, Technique, Control & Balance Lesson 2 - <u>Real PE - UNIT 6</u> - Personal Skills (Heart) Agility & Strength & Flexibility - Links to Target Games	Lesson 1 - <u>Dance</u> - Agility, Balance & Coordination - Working on a range of movement patterns linking actions and sequences of movement. Lesson 2 - <u>Real PE - UNIT 1</u> - Cognitive Skills (Head) Coordination & Agility - Links to Bench ball, Tennis & Netball	Lesson 1 - <u>Competitive Modified Games</u> - Applying Basic Attacking and Defending Principles - Football, Basketball, Netball, Hockey, Rugby Lesson 2 - <u>Real PE UNIT 3</u> - Social Skills (Heart) Dynamic & Counter Balance - Links to Tag Rugby, OAA & Team Games	Lesson 1 - <u>OAA</u> - Individual & Team Challenges Lesson 2 - <u>Real PE - UNIT 2</u> - Creative Skills (Hands) Static Balance - Links to Bench ball SWIMMING SUMMER TERM	Lesson 1 - <u>Athletics</u> - Agility, Balance & Coordination - Running, Jumping & Throwing in combination & Isolation. Lesson 2 - <u>Real PE - UNIT 5</u> - Health & Fitness (Heart) Coordination & Static Balance - Links to Net & Wall Games SWIMMING SUMMER TERM

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PE Curriculum Overview Coverage

	AUTUMN TERM 1	AUTUMN TERM 2	SPRING TERM 1	SPRING TERM 2	SUMMER TERM 1	SUMMER TERM 2
EYFS	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports Day
YEAR 1	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day
YEAR 2	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Cricket Roadshow Tennis Roadshow	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day
YEAR 3	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals <u>Swimming</u>	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games City Competitions/Festivals <u>Kurling Roadshow</u> <u>Swimming</u>	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day City Competitions/Festivals
YEAR 4	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Games City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Family Games Festival City Competitions/Festivals <u>Swimming</u>	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Tennis Curriculum Lessons City Competitions/Festivals <u>Swimming</u>	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's U10 Football Comp City Competitions/Festivals Tennis Roadshow	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day U10 Football Comp City Competitions/Festivals
YEAR 5	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally Me vs Me Challenge City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Ambassador Games Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp U11 Girls Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp U11 Girls Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day Ambassador Programme Basketball Rally City Competitions/Festivals
YEAR 6	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals Ambassador Games	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Girls Football Comp U11 Football Comp City Competitions/Festivals	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Ambassador Programme Basketball Rally U11 Girls Football Comp <u>Swimming</u> City Competitions/Festivals Tennis Roadshow	Travel Tracker Robin Hood Mile OAA Cross Curricular Activity Sports ASC's Sports Day Ambassador Programme Basketball Rally <u>Swimming</u> City Competitions/Festivals Yr 6 Activity Day Bikeability