

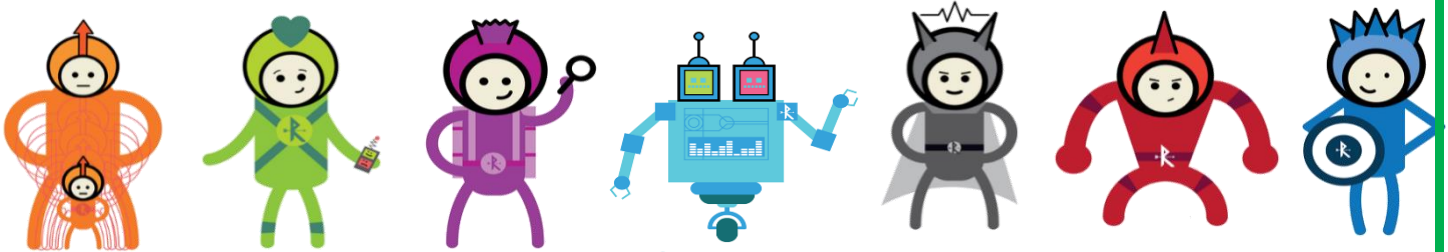


Physical Education Policy

Review frequency: Annually (2022-23)



“The PE Curriculum at Robin Hood Primary School aims to inspire pupils to love Physical Activity and Sport. Through our Learning Charter we aim to Nurture pupil’s confidence and resilience, and have a passion to be the best they can be! We aim for our pupils to leave year 6 Physically Literate and be ready for the next level of learning. Physical Literacy is the fundamental ability to competently move with confidence in a variety of physical activities and sports situations. Being physically literate helps benefit the healthy development of a whole child who enjoys Physical activity and sport for the long term not the short. As well as being Physically Literate we want our pupils to be well rounded individuals, this means not just teaching pupils the Physical side to the curriculum. Through regular assessment and a link to our school Learning Charter Values we believe this will be achieved. Lastly, we want our pupils, parents and wider community to develop an understanding of leading healthy and active lifestyles, and to make healthy choices. We will strive to support and nurture children's wellbeing to ensure they are happy and thriving not only in our school environment but also out in the wider community.”



Intent

At Robin Hood, Physical Education is vital to our pupil’s health, and overall wellbeing to pupils in our school. We ensure pupils are exposed to a variety of skills and sports. We teach a progressive sequence of sessions, as a part of our knowledge-rich curriculum, so that children at Robin Hood are inspired to succeed and excel.

Physical Health and Wellbeing is very important here at Robin Hood Primary School, engaging all pupils in Physical Activity helps develop pupils Physical Literacy. Physical Literacy is paramount to all pupils, motivation, confidence, physical competence & an understanding and knowledge to maintain physical activity throughout life are so important and this is why we invest so much into Physical Activity & Sport at Robin Hood. We believe as a school, motivating and inspiring all learners, means they can embrace challenge with resilience. Show respect and collaborate well with others so they can achieve excellence. Our school ethos allows Sport, Health and Wellbeing play a huge part to help the school achieve excellence in other areas of the curriculum. Without the huge influence of Sport, Exercise and Physical Activity, the health, Wellbeing and happiness of our pupils would be greatly affected.

We teach children the skills based on National Curriculum needs that allow:

- Pupils have a love for PE, Sport and being Physically active
- The curriculum allows pupils to build confidence and excel in PE but also can have a positive impact in the classroom.
- Pupils are challenged and encouraged to show leadership, empathy and build strong relationships with others around school.
- Pupils are encouraged to self-assess and evaluate their own and others performances, this in turn

allows progress to be made.

- Pupils are exposed to a PE Curriculum with lots of variety and at the same time a structure to improve the whole child not just the Physical (Based on our whole child approach using our Head, Heart and Hands Model).
- Develop leadership, communication skills and teamwork skills to be able to take part in team games (This could be the school teams or teams outside of school).

This is important to children at Robin Hood to enable them to broaden their understanding of healthy lifestyles and to develop long-life habits of being physically active every day.



Implementation

The implementation of our PE Curriculum is based around the whole child, this means we don't want to just develop Physically literate children we also want to develop children's cognitive, social and emotional skills too.

- A sequential series of lessons is taught across KS1 & KS2, with different topics taught on a rough half term basis, 1 hour per session, 37 hours per year, with an extra 1 hour per week on various skills and physical activities again another 37 Hours per year.
- The curriculum that we follow is based on guidance given in the new revised National Curriculum, with schemes of work developed by the PE Specialist based on the yearly overview.
- Lessons are planned and delivered by a specialist PE teacher; planning is in our Skills Progression Maps, our Year Group Long Term Plans and our Medium-Term/Short-Term Plans.
- Pupils in Year 3,4&6 will also get the opportunity to go Swimming in the hope we can have as many pupils meeting the National Curriculum standard and achieve being able to swim 25 Metres.
- Assessment in Physical Education takes place as both formative assessment - ongoing during lessons, recorded on Medium Term Plans, based on our school Learning Journeys. Pupils try to achieve as many Bricks on the Brick Walls in our learning journeys to build an overall picture of progression. This leads to our summative assessment – Based on the Bricks that pupils achieve in the formative assessments this allows us as teachers to see a summary of progress. Assessments are then completed at the end of each unit of work. Foundation Subject Assessments are completed at two points in the year: the end of the Spring 1st half-term and the end of the Summer term.
- Pupils are provided opportunities to be physically active throughout the school day to meet the needs of the 30 extra minutes within the school day. This is done through play at Break and Lunch Times with a variety of activities provided. Brain breaks in classrooms, using Go Noodle or BBC Super movers are a couple of favourites. OAA Cross Curricular trails and Sheriffs Challenge are whole school physical activity challenges that are completed throughout the school year.
- Pupils horizons are broadened further with the opportunity to compete in school vs school Competitions & Festivals around the City.



- There is an end of year Sports Day each academic year for pupils across school to learn about the Olympic Games, and other Sport Related Topics. Pupils across school are split into teams, to showcase their skills and enthusiasm for Sport at Robin Hood Primary School.
- Pupils have the opportunity to participate in Extra Curricular After School Clubs, these include clubs ran by the PE Specialist, Teachers and External Providers.
- PE is a big subject that links with other subjects including PSHE, the nurture team also help support the mental health and wellbeing of both pupils and staff within school to ensure a happy and thriving environment.
- PE, Physical Activity and School Sport is celebrated in many ways across school including assemblies where pupils will receive recognition, certificates and medals. Photos are shared across our social media platform including our school website and display board in school.



British Values

PE and School Sport at Robin Hood Primary School link the Fundamental British Values throughout the school year and links to the Purpose of Study in the Physical Education National Curriculum. The Fundamental British Values include democracy, the rule of law, individual liberty, mutual respect and tolerance. At Robin Hood we want to develop well rounded pupils and offer a PE Curriculum that develop a range of life skills and values, our PE Curriculum offers the following that links to British Values...

Democracy:

Pupils are taught and guided to take on different roles and responsibilities, including some leadership roles as a Sports Ambassador or Captain in the school team. Pupils are guided to learn to work as individuals and as part of a team.

The rule of law:

Pupils are taught about rules, fairness and respect throughout our curriculum, how to win and lose is always a key target for pupils as they progress through the curriculum phases. Competition against pupil's self and against others is also another important factor here at Robin Hood and something we encourage on a regular basis through PE and other activities outside of our PE Curriculum.

Individual Liberty:

Our PE curriculum recognises difference and not everyone is the same ability etc... We also offer opportunities to mentor guide and inspire pupils through our Sports Ambassador Programme, which in turn pupils build confidence and belief. Lastly through Sport Ambassadors they offer a voice and expression for pupils throughout school to keep our PE Curriculum current and up to date for our pupils to enjoy the subject throughout their time here at Robin Hood.

Mutual Respect and Tolerance:

Through various PE related topics and activities such as Sports Days and the Ambassador Games we teach about culture in difference in culture through sport. We ensure our environment is nurturing but also fair, this ensures pupils are rewarded for good behaviour and sanctioned for any wrong doing in line with our school behaviour policy. Pupils are expected to be respectful when competing off site and ensure respect of equipment and facilities they are taken too.

Adaptive Teaching and SEND

PE teaching is adapted to the needs of learners in a variety of ways to ensure inclusivity. The teacher's role is to monitor each child's learning and to adjust instruction as necessary. Strategies used to support learners in PE include using the STEP Principle this allows lessons to be more inclusive for all learners as well as engage and challenge the higher attainers. The STEP Principle is the ability to change the Space, Task/Time/Equipment and People (Groups) including more or less adult support. We also have a SEND Proforma that can be viewed on request, this showcases what we provide for pupils when we perform PE Lessons throughout the school year.

Health & Safety & Uniform

Pupils are expected to come to school wearing School PE on their school PE Day. Some lessons take place in the hall and bare feet maybe required, if pupils have a verruca a letter from parents will be required to keep socks and shoes on. Pupils must wear Plimsolls or Trainers for outdoor PE, School Shoes/Boots are not acceptable. Pupils and parents must also ensure that Jewellery is taken off before PE, and long hair must be tied back. PE kit is White T-Shirt, Black/blue Shorts/Jogging Bottoms, Trainers or Plimsolls (Where Possible).

Equipment will be made safe to use for pupils and all indoor/outdoor equipment will be appropriately checked by an external company each year with the findings passed onto the PE Coordinator to ensure the school can carry out any work that needs to be done to keep the equipment safe and useable. All external providers and coaches will have to hold the required qualifications to deliver sessions in school and will need to hold a current up to date DBS Check.

Impact of PE at Robin Hood Primary School

KS2 Attainment in PE	
2020-2021	65% @ EXS+
2021-2022	65.5% @ EXS+
All children in KS2 received Weekly PE lessons from a subject specialist in 2021-2022 & continues to do so in 22-23.	
All children in school took part in the School Sports Day, Various Festivals, Competitions and more...Photos and evidence of this can be found on our school website.	