

Organisation:

We are lucky to have 3 trained Forest School leaders at Robin Hood. Each session will be lead by at least one Forest School leader, and most sessions are supervised by at least two adults one of which is Outdoor First Aid trained. We have access to outdoor toilets and a water fountain. All activities are Risk Assessed to ensure children's safety.

If you have any questions, please do not hesitate to get in touch with the

Forest School Team:



Mrs K. whiting



Mrs K. Isherwood



Mrs C. Farrelly



Mrs J. Kelsey

"Tell me and I forget. Teach me and I remember. Involve me and I learn."

Benjamin Franklin



Forest School at Robin Hood

*"The best classrooms are roofed
only by the sky."*

Margaret McMillan

What is Forest Schools?

Forest School is an inspirational process, that offers ALL learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment with trees.

What are the benefits of Forest Schools?

"There is no substitute for outdoor learning. It broadens children's outlook, improves their motivation, and personal and inter-personal skills" (Real World Learning)

At Forest School all participants are viewed as:

- equal, unique and valuable
- competent to explore & discover
- entitled to experience appropriate risk and challenge
- entitled to choose, and to initiate and drive their own learning and development
- entitled to experience regular success
- entitled to develop positive relationships with themselves and other people
- entitled to develop a strong, positive relationship with their natural world

This learner-centred approach interweaves with the ever-changing moods and marvels, potential and challenges of the natural world through the seasons to fill every Forest School session and programme with discovery and difference.

Examples of activities:

The Forest School sessions are designed to be led by the children's interests and so will change and develop depending on the group of children involved. However an idea of some the activities are:

- Marshmallow roasting
- Fire lighting
- Wood cookies
- Woodland art
- Knots and lashing



Forest School at Robin Hood:

It is anticipated that all children will experience Forest School during the school year. This may be as part of a regular small group, or in a one off session.

What you need to know:

During the session:

The children will have the opportunity to learn how to use tools appropriately, build fires, climb trees and explore the natural environment. We always make time to sit together in a circle and share a snack and a drink.

Clothing:

Forest School sessions take place in all types of weather. Sessions will only be held inside in high winds and extreme weather conditions. As a result **the children and adults need to be dressed appropriately**. This means that children will need to bring a bag of spare clothing for the session, as they will get muddy.

In the winter:

Hat, scarf and gloves

Jacket/waterproof coat

Fleece

Spare socks

Boots (wellies can be cold so extra socks may be needed)

Trousers (waterproof trousers would be ideal)

In the summer:

Sun hat

Sun cream (applied at home)

Trousers (no shorts)

Boots or old trainers

